



**Randwick City
Council**
a sense of community

COMMUNITY SERVICES COMMITTEE

BUSINESS PAPER

TUESDAY 11 OCTOBER 2016

Administrative Centre 30 Frances Street Randwick 2031
Telephone: 1300 722 542
Fax: 02 9319 1510
council@randwick.nsw.gov.au
www.randwick.nsw.gov.au



COMMUNITY SERVICES COMMITTEE

Notice is hereby given that a Community Services Committee of the Council of the City of Randwick will be held in the Council Chamber, First Floor, 90 Avoca Street Randwick on Tuesday, 11 October 2016 at 6:00 p.m.

Committee Members: The Mayor D' Souza, Andrews, Belleli, Bowen, Garcia, Matson (Deputy Chairperson), Moore, Nash, Neilson, Roberts, Seng, Shurey (Chairperson), Smith, Stavrinou & Stevenson

Quorum: Eight (8) members

NOTE: At the Extraordinary Meeting held on 28 September 2004, the Council resolved that the Community Services Committee be constituted as a committee with full delegation to determine matters on the agenda.

Apologies/Granting of Leave of Absences

Confirmation of the Minutes

Community Services Committee – 9 August 2016

Declarations of Pecuniary and Non-Pecuniary Interests

Address of Committee by Members of the Public

Privacy warning;

In respect to Privacy & Personal Information Protection Act, members of the public are advised that the proceedings of this meeting will be recorded for the purposes of clause 69 of Council's Code of Meeting Practice.

Urgent Business

Community Services Reports

C6/16	Vacation Care Partnership - Kooloora Community Centre.....	1
C7/16	Advisory Committee Minutes.....	5

Library Reports

Nil

Notice of Rescission Motions

Nil

.....
Ray Brownlee
GENERAL MANAGER

Community Services Report No. C6/16

Subject: Vacation Care Partnership -
Kooloora Community Centre

Folder No: F2004/07695

Author: Gary Ella, Coordinator Community Programs & Partnerships



C6/16

Introduction

Randwick City Council as part of a partnership agreement with Kooloora Community Centre funds a Vacation Care Program during school holidays, totalling \$48,200 per year. This program targets primary school children living in the South Ward whose families are on very low and low incomes and have difficulty accessing affordable holiday care.

The purpose of this report is two-fold:

- To inform the Council that Kooloora Community Centre has secured its own license to operate a vacation care program from its premises, following the collapse of the then service provider and,
- To request the Council's endorsement of the revised Memorandum of Understanding, to reflect the new service provision arrangements between Randwick City Council and Kooloora Community Centre.

Issues

Kooloora Vacation Care was assessed by the Early Childhood Education and Care Directorate as having met the requirements of an approved service provider. Some of the feedback through the assessment and accreditation process was:

- Policy and procedure manual is current and staff are aware of policies and procedures
- The children are happy and excited about the program
- Centre staff have a strong relationship with children and have often known children over a period of years that has built trust and connection to the staff and service
- The program has been successful in applying for the Child Care Benefit Scheme for all eligible children
- The program has been able to offer targeted positions to families in the south ward who are experiencing financial difficulties through funding from Clubs NSW grants scheme.
- Kooloora Vacation Care is now fully managing the process of advertising, application, program planning, implementation and evaluation with support from Kooloora Community Centre staff.

Kooloora Community Centre is now an accredited provider of children's services and is fully licenced by Department of Education and Communities.

Relationship to City Plan

The relationship with the City Plan is as follows:

Outcome: A vibrant and diverse community

Direction: Enrich our range of community services that meet our community's needs.

Financial impact statement

Council to continue to fund \$42,000 to Kooloora Community Centre for Vacation Care and \$6,200 for cleaning costs during Vacation Care periods, totalling \$48,200. This amount has been allocated in the 2016/2017 Community Programs and Partnerships budget.

Conclusion

The Vacation Care Program offered by the partnership provides a much needed service to residents in the South Ward, many who identify as coming from low socio-economic backgrounds that have difficulty in accessing affordable and appropriate activities and care for their children during holiday periods.

The current program is using best practice principles, is providing care to more families and meets all of Council requirements within the City Plan.

Recommendation

It is recommended that Council:

1. Continue funding the Vacation Care program by providing \$42,000 to Kooloora Community Centre to implement the program at Kooloora;
2. Provide \$6,200 to Kooloora Community Centre for cleaning;
3. Authorise the General Manager to enter into a 5 year Memorandum of Understanding between Kooloora Community Centre and Randwick City Council to provide nine weeks of Vacation Care programs;

Attachment/s:

1. [Vacation Care Program Memorandum of Understanding 2016-2020](#)

Kooloora Community Centre



RCC Logo

C6/16

Vacation Care Program Memorandum of Understanding 2016-2020

Purpose

Randwick City Council in partnership with Kooloora Community Centre has entered into a financial agreement to offer a Vacation Care program for families with primary school aged children in the South Ward. Kooloora Community Centre will offer 9 weeks of programs which cover all School Holiday periods.

The aims of the program are to:

- Provide a Vacation Care program in the South Ward that is affordable and appropriate and one that provides supportive and educational care during school holiday periods;
- Meet and exceed expected goals and aims, provides holistic and professional staff and programmes that meet individual needs of the children attending;
- Provide a program that meets industry standards, comply with all State and Federal Laws and policies and provides appropriately trained staff to run the program.

Responsibilities

Randwick City Council will:

- Provide \$42,000 per annum to Kooloora Community Centre to implement the Vacation Care program from September 2016 through to September 2020;
- Provide \$6,187 per annum to Kooloora Community Centre as a contribution to the cleaning costs associated with the Vacation Care program;
- Conduct a review with Kooloora to determine vacation care programs viability prior to the third year allocation.

Kooloora Community Centre will:

- Provide access to the Kooloora bus for children who need assistance to access the program and during excursions;
- Provide a safe, secure and stimulating environment for participants;
- Provide appropriately qualified and trained staffs that have the necessary working with children checks and police checks
- Provide Induction/Training Procedures for Staff and Volunteers;
- Conduct an evaluation of the program at the end of each vacation period with children, parents and staff;
- Ensure staff ratio reflect the legislative requirements for on-site and excursion activities'.

Operational Stipulations

C6/16

- All signatories of this Memorandum of Understanding will be responsible for their own insurance coverage relating to the provision of the Vacation Care Program as detailed in the Memorandum
- Annual certificates of currency for Public Liability and Workers Compensation will be available for inspection on site at Kooloora Community Centre prior to the commencement of each year's program in July.
- Kooloora will receive \$42,000 per annum from Randwick City Council to deliver 9 weeks of Vacation Care programs. No care will be provided on public Holidays. Any surplus will be retained by Kooloora to be re-invested into the Kooloora Vacation Care program.
- Kooloora will receive \$6,187 per annum for cleaning costs during vacation care periods from Randwick City Council.
- Kooloora will implement a Child Care Benefit (CBB) scheme and will endeavour to maximise the agreed standards for the program and the costs in setting up the service.
- Kooloora will provide a Vacation Care report for each period and invoice Council at the end of each Vacation Care period and the terms will be payable within 30 days upon receipt of the invoice.
- Provide access to the Kooloora bus for children who need assistance to access the program and during excursions;
- Conduct a review with Council to determine vacation care programs viability prior to the third year allocation.

Ray Brownlee
General Manager
Randwick City Council

Mr Shane Flint
President
Kooloora Community Centre

Mr Noel D'Souza
Mayor
Randwick City Council

Community Services Report No. C7/16

Subject: Advisory Committee Minutes.

Folder No: F2006/00216

Author: Gary Ella, Coordinator Community Programs & Partnerships



C7/16

Introduction

At the 10 March 2009 Community Services Committee meeting, it was resolved that the minutes of the Advisory Committees are to be presented to the Community Services Committee. This report brings together, for Council's acceptance, the minutes of the previous meetings adopted by the respective Advisory Committees.

Issues

As scheduled, the Advisory Committees (listed below) have met and the minutes of the meetings, which reflect discussions and outcomes, are attached.

The minutes will also be available on Council's website after each meeting. This report includes minutes from:

- The Access Advisory Committee Meeting – 14 July 2016 (endorsed at September meeting)
- The Multicultural Advisory Committee – 20 July 2016 (endorsed at September meeting)
- The Older Persons Advisory Committee – 6 July 2016 (endorsed at September meeting)

Relationship to City Plan

The relationship with the City Plan is as follows:

Outcome: An informed and Engaged Community.

Direction: Effective communication methods and technology are used to share information and provide services.

Financial impact statement

There is no direct financial impact for this matter.

Conclusion

The minutes of these Advisory Committee meetings are now in order and are submitted to Council for acknowledgement and acceptance.

Recommendation

That the Council acknowledges and accepts the minutes of the Access Advisory Committee – July 2016, the Multicultural Advisory Committee – July 2016, and the Older Persons Advisory Committee – July 2016.

C7/16

Attachment/s:

1. [↓](#) Access Advisory Committee Minutes for Meeting held on Thursday 14 July 2016
2. [↓](#) Multicultural Advisory Committee Minutes for Meeting held on Wednesday 20 July 2016
3. [↓](#) Older Persons Advisory Committee Minutes for Meeting held on Wednesday 6 July 2016

MINUTES
Randwick City Council
Access Advisory Committee
Meeting held on Thursday 14 July 2016, Randwick Room

Present

Vince Bates	Headeast
Frida Kitas	Randwick City Council
Kim Tipoki	Holdsworth Community
Chris Donnellan	Randwick City Council
Tess Protey	Community Representative
Ron Wood	Community Representative
Patricia Garvie	Aftercare Eastern Suburbs
Sharon Lee	Aftercare Eastern Suburbs
Nadia Sologuren	Aftercare Eastern Suburbs
Judy Nicholas	Community Representative
Juliette Walker	Community Representative
George Gergely	Community Representative
Sue Mayerhofer	Community Representative
Tess Protey	Community Representative
Stephanie Velianis	Ability Links – East Sydney
Marie Tsigaropoulos	Junction Neighbourhood Centre

Apologies

Melinda Ross	Sunnyfield
Cr.Kathy Neilson	Randwick City Council
Cr.Murray Matson	Randwick City Council
Nadia Samperi	Ability Links – East Sydney

3. Introductions: Frida welcomed everyone to the meeting

4. Minutes

The minutes of the meetings held on Thursday 12 May were confirmed.

5. Business Arising from Minutes

5.1 Your Brain Matters Presentations

Frida advised the Committee that the next Your Brain Matters Presentations will be held on Saturday 6 August and Saturday 24 September at The Prince Henry Nursing and Medical Museum at Little Bay. Following the presentation, people will be able to talk with Paddy Parnell from Alzheimer's Australia NSW about general memory issues and concerns they may have until 3pm. The presentations continue to be very well attended by residents living in Randwick City and surrounding areas. RCC will also endeavour to include the Memory Van at mainstream events where possible to provide even greater coverage to residents.

Action: Frida to circulate flyers for the August presentation to members.

5.2 Hoarding & Squalor Training Event

Over 70 workers from a range of agencies attended the two-day Hoarding & Squalor Training Event on the 17th & 18th May at Randwick Town Hall. The training event was organised in partnership with Eastern Sydney Partners in Recovery, speakers included Professor John Snowden and representatives from NEAMI Hoarding & Squalor Project and Catholic Community Services. Sharon Lee noted that the event was a great success and that ESPIR received overwhelming positive feedback from participants. Judy Nicholas was also a presenter and spoke brilliantly and insightfully about her lived experience of hoarding and OCD.

Frida noted that Judy regularly presents at many of the mental health sessions organised by RCC such as the Youth Mental Health Information Session, Community Mental Health Forum, Hoarding & Squalor Information Session and Anxiety & Depression Seminars. Judy spoke about her work with the Collectives – a working group of people with lived experience of hoarding disorder and tabled brochures '*Problem Hoarding – What Is it?*' & '*Problem Hoarding - How to Help*'. Frida thanked Judy for sharing her wisdom and with the wider community.

Action: For information.

5.3 Volunteer Thank You Morning Tea

Over 120 volunteers attended the Thank You Morning Tea held at Randwick Town Hall on Saturday 21st May. The Mayor, Cr.D'Souza officially opened the event, guest speakers included Anthony Minichiello, former Captain of the Sydney Roosters and distinguished actor Noel Hodda. This year, volunteers from Holdsworth Community, The Sydney Children's Hospital, the Return Service Men & Women from local RSL sub-branches, Surf Lifesaving Club and The Deli Women's & Children's Centre were also in attendance.

Action: For information.

5.4 Mindfulness in Relationships Workshop

Over 50 people attended the Mindfulness in Relationships Seminar on Saturday 28 May at the Randwick Town Hall. The workshop was organised in partnership with Carers NSW and explored strategies to help Carers and community members to develop a more mindful approach to their supporting role and personal relationships. The workshop focused on experiential learning through a variety of activities. RCC will investigate the possibility of holding another workshop specifically for Carers later in the year.

Action: For information.

5.5 Youth Mental Health Information Session

RCC held a Youth Mental Health Information Session at the Prince Henry Centre on Saturday 25 June at the Prince Henry Centre, Little Bay from 11am to 3pm. The session was presented by Clinical Psychologist, Jane Randall, a facilitator with re.mind Mental Health Training, a service of the Schizophrenia Fellowship of

NSW. The session was interactive and attended by parents, grandparents, teachers, youth and community workers. Judy Nicholas spoke brilliantly about her lived experience from a Carers experience.

Action: For information.

5.6 Wesley LifeForce Suicide Prevention Training

RCC in partnership with Carers NSW delivered the Wesley LifeForce Suicide Prevention Training Workshop on Saturday 25 June at Bowen Library and Community Centre. Over 40 people attended the 4 hour workshop which equipped participants with a variety of skills such as managing suicidal crisis, understanding risk factors as well as how to identify the signs that someone may be at risk of suicide and how to link them to further help. Frida stated the Wesley LifeForce training program was excellent and of particular benefit to Carers and family members who may care for someone who is at of risk of suicide. Participant feedback was overwhelmingly positive. Frida will liaise with Carers NSW to hold another workshop session either with Wesley LifeForce or Lifeline closer to the Christmas period.

Action: For information.

6. General Business

6.1 Polio – Then and Now – Twilight Tour

RCC in partnership with the Prince Henry Hospital Trained Nurses Association will host the *Polio – Then and Now* Twilight Tour at the Prince Henry Nursing & Medical Museum on Wednesday 6 July from 6.30pm to 9pm. Guest speakers Dr. Nick Dorsch, Barbara Dorsch and Professor Clement R. Boughton will discuss the treatment of patients in the era when people suffered from the disease and required prolonged care and rehabilitation. Former patients will share their experience of post-Polio Syndrome, an after effect suffered by people who had polio when they were younger. Flyers tabled.

Action: For information.

6.2 Across the Water – Free play reading

RCC will present a free play reading of *Across the Water* by Noel Hodda on Saturday 30 July from 1-3pm at Bowen Library Theatre. *Across the Water* is a cross-generational story of hope, forgiveness and finding love and beauty where you least expect it. The reading will be directed by local actor/director Bill Conn who will facilitate a Q&A session with the cast following the reading. Afternoon tea will be served. No bookings are required. Flyers and posters tabled.

Action: For information.

6.3 Memory Information Drop in Days

RCC in partnership with the local Dementia Advisory Service have organised a number of drop in days at the Margaret Martin Library, Randwick for anyone to have a chat about general memory issues and concerns especially Carers and family members of people diagnosed with dementia. The information days are a discreet way for people to access information on available services and support

programs. The first of the sessions will be held on Sunday 14 August at Margaret Martin Library, Randwick from 12.30pm to 4pm, followed by additional session in September and October.

Action: Frida to circulate flyers to members electronically.

7. Guest speaker: Ruby Crowe – Headspace | Bondi Junction. .

Ruby Crowe, Community Engagement Officer gave an overview of services provided by Headspace at Bondi Junction. Headspace provide mental health, drug and alcohol, physical and sexual health as well as education, vocation and employment services for people aged 12-25 years with mild to moderate mental health issues. Headspace have been open since 2 May 2016 and have received over 200 referrals in the first few months. They have a range of mental health workers including psychologists, psychiatrists and counsellors but do not provide outreach services or case management. Young people can receive up to 10 free sessions per year and just need to provide a Medicare card to access the service - if they do not have a Medicare card, Headspace will help them to obtain one.

After the initial assessment, Headspace will help clients to develop a mental health plan and give them 10 free sessions, or more if required. Headspace can refer young people to other services if appropriate, or provide them with resources to help overcome challenges. Services can refer young people or young people can self-refer, Headspace also provides advice to family members and friends. Ruby noted that Headspace is an inclusive service and works with Disability services to provide services to young people with a range of disabilities. They have a sexual health nurse to provide STD checks and vaccinations related to sexual health.

Headspace are undertaking community engagement in the Eastern Suburbs to promote their service and mental health and wellbeing. They are currently working with 35 high schools to provide counselling and meet with school counsellors. Headspace have partnerships with a range of services including the Black Dog Institute, The Benevolent Society, Central & Eastern Sydney Primary Health Network, Jewish Care & UNSW School of Psychiatry & Drug & Alcohol Service from the Langton Centre. Headspace will be hosting an Open Day on Thursday 28 July – there will be 2 x 2hr sessions (morning and afternoon) and a range of interactive stations. Staff and members of the Youth Reference Group will talk about services they offer. For more information visit <http://headspace.org.au/>

Action: For information.

8. Information Share:

- Sue Mayerhofer reported that the new DA for the proposed Leisure Centre and hydrotherapy pool at Green Square is on exhibition until 28th July.
- Buckingham House offer a free 8 week program on cooking and nutrition for clients with mental health issues. The program will commence from Wednesday 20 July from 10 – 1pm. Cost is free. Buckingham House are also running a Women's Martial Arts Group on Mondays from 1.15pm – 2.15pm. Participants will learn self-defence skills that address fear management, de-escalation and violence prevention.

- Holdsworth Community have a new Travel Training Service to support and upskill people who lack confidence, understanding or information to independently access public transport. The Travel Training Service will commence in July 2016 and is free to anyone in the community who is physically and cognitively capable of using public transport. The program has been funded by Transport for NSW until 2018 and covers the South Eastern Sydney Local Planning Area. Holdsworth are looking for a range of community volunteer's to recruit the program. Flyers tabled.
- JNC have a few new programs including: a 12 week meditation program at JNC Maroubra and Randwick, Art workshops, Holistic Health Program and gentle yoga classes to reduce social isolation and promote healthy living. JNC continue to work with The Black Dog Institute to provide community-based workshops on 'Breaking Down Depression and Building Resilience'. Flyers tabled. For bookings and more information visit <http://jnc.org.au/>
- Aftercare will be holding a Sexual Education Training Session for clients on Tuesday 19th from 2pm at Ventnor House, Randwick.
- Judy Nicholas gave a presentation at the National Hoarding & Squalor Conference in June and will be appearing in an episode of *Insight* SBS on Hoarding on Tuesday 12th July.
- Partners in Recovery will continue to be funded for the next 12 months to assist clients to transition to NDIS. They have a 3 month waiting list but are continuing to accept referrals.
- Ability Links provide support to PWD aged 9-64 years and their Carers to help them connect with their local community and achieve goals in employment and education. Anyone can self-refer to the service as long as they identify as having a disability. Services can refer clients to Ability Links as long as they have client consent, Carers are also able to access the service.
- Ability Links provide short-term support for up 3 to 4 months but it can be longer if clients require additional supports.
- Ability Links held two 'Maroubra Matters' sessions to look at the needs of PWD and their Carers, issues raised included the need for improved accessible public transport South of Maroubra Junction. There is also a gap in service provision around community groups and activities for clients under 65 with a disability.

9. Correspondence: Nil

Date of Next Meeting: Thursday 8 September 2016.

Minutes
Randwick City Council Multicultural Advisory Committee Meeting
20 July 2016
Level 1 Bowen Library, Maroubra

Present

Cr Lindsay Shurey (Chair)	Randwick City Council
Christopher Hall	Community Representative
Vida Tebyani	Community Representative
Daniel Innocenti	Community Representative
Rosa Loria	Community Representative
Katherine Zhu	Randwick City Council (CALD Services Librarian)
Tania Krasinski	Randwick City Council (Community Project Officer)
Marissa Maura Meyn	Community Representative

In attendance:

Katherine Haratsis	Waverley Council
--------------------	------------------

Apologies

Cr Kathy Neilson	Randwick City Council
George Varughese	Community Representative
Janet Timberg	Community Representative
Eduardo Serje	Community Representative

Previous Minutes

Previous minutes were confirmed with amendments.

Business Arising from Previous Minutes

Regarding amalgamation updates, Woollahra Council's case was dismissed in the land and environment court. They have three business days to decide on whether they will appeal in the High Court.

Events / projects for 2016

The Community Projects Officer advised the committee that she will be attending an event at Bankstown Council next week. There will be a screening of 'Freedom Stories'.

Chris Hall reported that the Australian Indonesian Youth Association will be hosting a screening of 'What's up With Love' at the Randwick Ritz on Monday 22 August.

In partnership with the HIV and AIDS Related Programs (HARP) Unit, Randwick Council hosted a forum on Hepatitis B for CALD communities at Coogee Surf Life Saving Club in July. Tania Krasinski will be presenting on the outcomes of the event as well as discussing working with CALD communities at a Multicultural Health Services event in August.

Rosa Loria reported that Sydney Multicultural Community Services (SMCS) have a Bengali worker and are offering outreach to the community. SMCS have also recently appointed an Indonesian worker in partnership with St George Migrant Resource Centre. The Case Worker is available three days a week at the Daceyville office and one day a week at the Redfern office.

2016 Multicultural Issues for advisory / advocacy opportunities

Multicultural Award proposal

At the Mayor's volunteer morning tea, Daniel Innocenti spoke to the Mayor about his proposal for Council to host a Multicultural Award. The Mayor had requested that Daniel put it in writing to him in an email. Councillor Shurey explained the process of Council and offered that the Multicultural Advisory Committee might support a feasibility report.

Multicultural short stories project idea

Daniel also reported that he had met author Helen Grover who facilitates a 'Writing for Pleasure' workshop at the Library. They discussed a project proposal that includes short stories with a multicultural theme. Katherine Zhu explained that a similar program entitled 'A Migrant Story' has been an ongoing project that produces a DVD and booklet. There is a current program funded by Council and facilitated by Helen Grover.

Councillor Shurey asked Daniel to supply a project proposal and submit at the next MAC meeting for discussion. Chris Hall recommended that if the project goes ahead that a digital copy be made and can be distributed on social media.

General Business

Membership updates

Tania Periera will be on extended leave from the committee as she is due to have her baby.

Welcome Dinner Project

Following success in recent partnerships with 'Join-the-Dots' on facilitating and promoting Welcome Dinners, Vida Tebyani asked the committee if they would be interested in becoming involved. Katherine Haratsis reported that Waverly Council had approved small grants to Join-the-Dots for five Welcome Lunches. The Join-the-Dots Volunteer Coordinator fields applications from potential hosts and puts them in contact with eight newly arrived migrants and other potential hosts. Each person brings a dish and talks about the significance of the food. The Volunteer Coordinator facilitates ice breakers designed to generate discussion around social support.

Vida reported that South Eastern Community Connect (SECC) was originally involved in a large public event to promote the program. It was a successful event to promote inclusion and SECC wish to continue to support the program. Marissa Meyn asked how the organisation works across languages. Katherine explained that where there are participants with low to no English skills, speakers are invited to participate specifically to engage and support their participation.

State Library translation machine

Following information on the State Library's purchase of a text translator, Councillor Shurey reported that she had approached the General Manager to ask if he would support the purchase for a machine for the Library Services.

Action: Katherine Zhu will discuss the proposal with the Library Services Manager and report at the next meeting.

Meeting closed at 7:30pm

C7/16

MINUTES
Randwick City Council
Older Persons Advisory Committee
Meeting held on Wednesday 6 July 2016, Randwick Room

Present

Frida Kitas	Randwick City Council
Cr. Kathy Neilson	Randwick City Council
Jane Moffat	Randwick City Council
Billee King	Community Representative
Lee Barwick	Coast Centre for Seniors
Andrew Blair	Community Representative
Andrea Szanto	Holdsworth Community
Lindsay Harden	Community Representative
Mike Cornell	National Seniors – Sydney East
Megan Bowyer	Junction Neighbourhood Centre

Apologies

Cr. Noel D'Souza	Randwick City Council
Suzanne Bryant	Community Representative
Sue Mayerhofer	WAVES/Community Representative
Ben Whitehorn	Randwick Waverley Community Transport
Warren Reid	Dementia Advisory Service – Eastern Sydney & City of Sydney

3. Introductions:

Cr.Neilson opened the meeting and welcomed everyone. Frida informed members that Brigitte Cusack has regrettably resigned from the OPAC Committee. Frida will extend an invitation to another representative at Central and Eastern Sydney PHN to attend future meetings.

4. Minutes

The minutes of the meeting held on Wednesday 4 May 2016 were confirmed.

5. Business Arising from Minutes**5.1 Volunteer Thank You Morning Tea**

Over 120 volunteers attended the Thank You Morning Tea held at Randwick Town Hall on Saturday 21st May. The Mayor, Cr.D'Souza officially opened the event and guest speakers included Anthony Minichiello, former Captain of the Sydney Roosters and distinguished actor Noel Hodda. This year volunteers from Holdsworth Community, The Sydney Children's Hospital, the Return Service Men & Women from local RSL sub-branches, Surf Lifesaving Club and The Deli Women's & Children's Centre were also in attendance.

Action: For information.

5.2 Hoarding & Squalor Training Event

Over 70 workers from a range of agencies attended the two-day Hoarding & Squalor Training Event on the 17th & 18th May at Randwick Town Hall. The training event was organised in partnership with Eastern Sydney Partners in Recovery, speakers included Professor John Snowdon and representatives from NEAMI Hoarding & Squalor Project and Catholic Community Services. The workshop sessions focused on capacity building skills for workers in the area of hoarding and squalor. Frida noted that the event was a great success and that ESPIR received overwhelming positive feedback from participants. Another session will possibly be organised in 2017.

Action: For information.

5.3 Mindfulness Seminar

Over 50 people attended the Mindfulness in Relationships Seminar on Saturday 28 May at the Randwick Town Hall. The workshop was organised in partnership with Carers NSW and explored strategies to help Carers and community members to develop a more mindful approach to their supporting role and personal relationships. The workshop focused on experiential learning through a variety of activities. RCC and Carers NSW will investigate the possibility of holding another workshop later this year.

Action: For information.

5.4 Youth Mental Health Information Session

RCC held a Youth Mental Health Information Session at the Prince Henry Centre on Saturday 25 June at the Prince Henry Centre, Little Bay from 11am to 3pm. The session was presented by Clinical Psychologist, Jane Randall, a facilitator with re.mind Mental Health Training, a service of the Schizophrenia Fellowship of NSW. The session was highly interactive and attended by parents, grandparents, teachers, community and workers. Judy Nicholas, a community educator with re.mind spoke insightfully about her lived experience from a Carers experience.

Action: For information.

5.5 Wesley LifeForce Suicide Prevention Workshop

RCC in partnership with Carers NSW delivered the Wesley LifeForce Suicide Prevention Training Workshop on Saturday 25 June at Bowen Library and Community Centre. Over 40 people attended the 4 hour workshop which equipped participants with a variety of skills such as managing suicidal crisis, understanding risk factors as well as how to identify the signs that someone may be at risk of suicide and how to link them to further help. Frida stated the Wesley LifeForce training program was excellent and of particular benefit to Carers and family members who may care for someone who is at of risk of suicide. The workshop was very well attended and participant feedback was overwhelmingly positive. Frida will liaise with Carers NSW in regards to holding another session with either Wesley LifeForce or Lifeline.

Action: For information.

6. General Business

6.1 Polio then and Now – Twilight Tour

RCC in partnership with the Prince Henry Hospital Trained Nurses Association will host the *Polio then and Now* Twilight Tour at the Nursing & Medical Museum at Little Bay on Wednesday 6 July from 6.30 – 9pm. Guest speakers Dr Nick Dorsch, Barbara Dorsch and Prof. Clement R. Boughton will discuss the treatment of patients in the era when people suffered from the disease and required prolonged care and rehabilitation. Former patients will share their experience of post-Polio Syndrome, an after effect suffered by people who had polio when they were younger. Flyers tabled.

Action: For information.

6.2 Across the Water | Free play reading

RCC has organised a play reading of *Across the Water* by Noel Hodda on Saturday 30 July at Bowen Library Theatre from 1-3pm. *Across the Water* is a cross-generational story of hope, forgiveness and finding love and beauty where you least expect it. The free play reading provides Seniors and their family members and friends an opportunity to connect with each other and their local community. Following the reading, director Bill Conn will facilitate a Q&A session with the cast and afternoon tea will be served. RCC will organise another free play reading in November. Flyers tabled.

Action: For information.

6.3 Memory Information Days

RCC in partnership with the Eastern Sydney & City of Sydney Dementia Advisory Service will hold a series of Memory Information Days at Margaret Martin Library, Randwick. The sessions are designed for anyone to have a chat with Warren Reid about general memory issues and concerns, especially Carers and family members of people diagnosed with Dementia. The first drop-in day will be held on Sunday 14 August from 12.30pm to 4pm, other sessions will be held on Saturday 3rd September and Saturday 29th October from 10am to 3pm. Frida thanked Warren Reid for facilitating these and other sessions. Flyers tabled.

Action: For information.

6.4 Your Brain Matters Presentations

Frida advised the Committee that the next Your Brain Matters Presentations will be held on Saturday 6 August and Saturday 24 September at The Prince Henry Nursing and Medical Museum at Little Bay from 11am to 12.30pm. Following the presentation people will be able to talk with Paddy Parnell from Alzheimer's Australia NSW about general memory issues and concerns from 1pm – 3pm. The presentations continue to be very well attended by residents living in Randwick City and surrounding areas. Sessions held in May & June attracted over 200 people both locally and out-of-area.

Action: Frida to electronically circulate flyers to members.

6.5 National Hoarding & Squalor Conference

Frida advised the Committee that she attended the 4th National Hoarding & Squalor Conference on the 29-30 June. The purpose of the Conference was to

highlight the impact of hoarding and squalor on individuals, families and communities and to continue to raise awareness and emphasise the need for a multi-disciplinary approach to hoarding and squalor issues. The Conference explored existing service provisions, identified service strengths and weaknesses and developed recommendations for future actions. Frida stated that the Conference was both informative and inspirational and will inform future planning of community awareness-raising sessions organised by RCC.

Action: For information.

6.6 Access issues

City Services will install overhead lighting at the raised pedestrian crossing at Carr St, Coogee to better illuminate the area and to slow down drivers. The overhead lighting will be installed this financial year.

Action: For information.

7. Guest speaker: Tony Lehman, Manager Integrated Transport

Tony gave an overview of traffic, transport and parking implications due to the construction of the Light Rail, these impacts will make it challenging for residents & visitors to get around Randwick and Kingsford. Tony stated that once construction begins there will be concerns around a lack of signage and continuous flashing traffic lights and what this will mean for pedestrians. RCC is considering installing timing devices on traffic light poles at busy intersections to give pedestrians a 5 or 10 second countdown when lights start flashing red or green followed by the amount of clearance time it takes for the average person to cross the road. The proposed timing devices will enable people to make safer decisions.

Tony explained that these clearance times need to be more realistic, and extended to accommodate the needs of the elderly and people with mobility impairments. RCC will be seeking feedback from the Older Persons Committee in regards to this matter. Studies have been conducted of people using devices at four traffic signal sites. People were observed at the four sites and in most instances they chose to walk against the 'Don't Walk' sign whilst using or looking at their device. This raised the question, are the signals behaving in ways that they are inviting pedestrians to make poor choices and can the signals behave differently? RCC are analysing the data to provide evidence to RMS to have the signals changed.

Committee members stated there is a need for signalised lights at Royal Randwick Village. Tony advised this site is currently part of the Light Rail implementation plan and there will be signals on Belmore Rd and the cnr of Arthur St, this will be beneficial to motorists, however it may disadvantage pedestrians. The impact of the Light Rail will significantly constrain High St, traffic will be directed to Arthur St and Belmore Rd and signals will be installed at Clara & High Sts to accommodate the 400 bus route. There will be no parking along High St or Wansey Rd, and no eastbound traffic from High St and Wansey Rd.

Tony noted that all stops for the Light Rail will be wheelchair accessible and most will have a ramp on one end only. Mobility seating has been proposed for the centre carriage to allow for a smooth entry, Tony will provide images at a later date. There will be limited seating on the Light Rail, most passengers will be standing. The Committee asked Tony to investigate the ratio of allocated seating spaces vs standing. Andrew Blair raised the issue of wheelchair accessible spaces, how will wheelchair users and their Carers know if the dedicated middle carriage is full, people may not know until they get on.

The Committee asked Tony to investigate the number of wheelchair accessible spaces that will be provided and how wheelchair users can use the central space. Tony advised that the roundabout at Kingsford will be removed and replaced with signals, much of Kingsford will be signalised. The terminus for the Light Rail has been relocated from High Cross Park to High St, which will be beneficial to residents. The substation will no longer be located on High St, Transport for NSW have agreed that High St will not be used as a works compound, there are negotiations for the substation to go underground. Frida will invite Tony to provide an update on the Light Rail at a later date.

Action: Frida to invite Tony Lehmann to provide an update on the Eastern Sydney Light Rail at a future meeting.
--

8. Information Share: members provided an update on their respective services and programs.

9. Correspondence: Nil

Date of Next Meeting: Wednesday 7 September 2016.