



**Randwick City  
Council**  
a sense of community

**COMMUNITY SERVICES COMMITTEE**

**BUSINESS PAPER**

**TUESDAY 14 APRIL 2015**

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## COMMUNITY SERVICES COMMITTEE

Notice is hereby given that a Community Services Committee of the Council of the City of Randwick will be held in the Council Chamber, First Floor, 90 Avoca Street, Randwick on Tuesday, 14 April 2015 at 6:00pm

Committee Members: The Mayor T Seng, Andrews, Belleli, Bowen, D'Souza, Garcia, Matson (Deputy Chairperson), Moore, Nash, Neilson, Roberts, Shurey (Chairperson), Smith, Stavrinou & Stevenson

Quorum: Eight (8) members

NOTE: At the Extraordinary Meeting held on 28 September 2004, the Council resolved that the Community Services Committee be constituted as a committee with full delegation to determine matters on the agenda.

### **Apologies/Granting of Leave of Absences**

### **Confirmation of the Minutes**

Community Services Committee - 10 March 2015

### **Declarations of Pecuniary and Non-Pecuniary Interests**

### **Address of Committee by Members of the Public**

*Privacy warning:*

*In respect to Privacy & Personal Information Protection Act, members of the public are advised that the proceedings of this meeting will be recorded for the purposes of clause 69 of Council's Code of Meeting Practice.*

### **Urgent Business**

### **Community Services Reports**

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### **Library Reports**

Nil

### **Notice of Rescission Motions**

Nil

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Ray Brownlee  
**GENERAL MANAGER**



## Community Services Report No. C6/15



**Subject:** Advisory Committee Minutes  
**Folder No:** F2006/00216  
**Author:** Teresa Mok, Manager Community Planning & Development

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### Introduction

At the 10 March 2009 Community Services Committee Meeting, it was resolved that the minutes of the Advisory Committees are to be presented to the Community Services Committee. This report brings together, for Council's acceptance, the minutes of a previous meetings adopted by the respective Advisory Committees.

### Issues

As scheduled, the Advisory Committees (listed below) have met and the minutes of the meetings, which reflect discussions and outcomes, are attached.

The minutes will also be available on Council's website after each meeting. This report includes minutes from:

- Older Persons Advisory Committee – February 2014 (endorsed February 2014)
- Older Persons Advisory Committee – March 2014 (endorsed March 2014)
- Youth Services Advisory Committee – February 2014 (endorsed March 2014)

### Relationship to City Plan

The relationship with the City Plan is as follows:

Outcome: An informed and Engaged Community.

Direction: Effective communication methods and technology are used to share information and provide services.

### Financial impact statement

There is no direct financial impact for this matter.

### Conclusion

The minutes of these Advisory Committee Meetings are now in order and are submitted to Council for acknowledgement and acceptance.

### Recommendation

That the Council acknowledges and accepts the minutes of the Older Persons Advisory Committee – February 2014, the Older Persons Advisory Committee – March 2014, and the Youth Services Advisory Committee – February 2014.

### Attachment/s:

1. Older Persons Advisory Committee Minutes - February 2014.
2. Older Persons Advisory Committee Minutes - March 2014.
3. Youth Advisory Committee Minutes - February 2014.

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**MINUTES**  
**Randwick City Council**  
**Older Persons Advisory Committee**  
**Meeting held on Wednesday 4 February 2015, Randwick Room**

**Present**

Frida Kitas	Randwick City Council
Cr. Kathy Neilson	Randwick City Council
Lee Barwick	Coast Centre for Seniors
Billee King	Community Representative
George Gergely	Community Representative
Megan Bowyer	Junction Neighbourhood Centre
Ron Wood	National Seniors – Randwick Botany Branch
Mike Cornell	National Seniors – Randwick Botany Branch

**Apologies**

Cr.Noel D'Souza	Randwick City Council
Linda Mearing	Coast Centre for Seniors
Sue Mayerhofer	Community Representative
Brigitte Cusack	Eastern Sydney Medicare Local
Ben Whitehorn	Randwick Waverley Community Transport

**3. Minutes**

The minutes of the meetings held on 5 November were confirmed.

## Introductions"

Cr.Neilson opened the meeting and welcomed everyone. Frida reported that Sue Allen (Maroubra Combined Probus) has resigned from the Committee and that Leonie Pearce no longer works for Eastern Sydney Medicare Local.

**4. Business Arising from Minutes****4.1 World AIDS Day Events**

RCC raised over \$900 from ticket sales from the screening of 'I am a Girl' at the Ritz Cinema on World AIDS Day and from fund raising at Coogee Family Fun Day and staff donations. All proceeds raised were donated to charities including Camp Goodtime. In addition, over 150 people attended the screening of 'I am a Girl,' at the Ritz Cinema on World AIDS Day. The screening was very well received and guest speakers included film maker, Rebecca Barry.

**Action:** For information.

**4.2 The Greening of Grace**

Over 100 people attended the play reading of the 'Greening of Grace' by William Zappa on Saturday 15 November at Bowen Library Theatre. The reading was enthusiastically received and presented in partnership with The Actors' Forum. William Zappa also directed the play reading and led a Q&A session with acclaimed actors Ron Haddrick and Maggie Blanco. Frida noted that the play readings have become increasingly popular with older people and their family

friends over the past four years. RCC will investigate the possibility of presenting additional play readings in 2015 that showcase new Australian work and meet identified community interest.

**Action:** For information.

#### 4.3 Art for Therapy Workshop

The Art Therapy Workshop held on Saturday 29 November was an overwhelming success with over 80 people in attendance. The interactive workshop was extremely popular with people of all ages and backgrounds. An additional Wellbeing Presentation and Creative Workshop has been scheduled for Saturday 11 April at Randwick Town Hall from 11am to 3.30pm. The workshop will once again be facilitated by three Art Therapists and an Art Historian who work with individuals and local communities. Committee members noted that these workshops are particularly beneficial for older and or isolated carers who care for a family member or friend with a mental illness.

**Action:** Frida Kitas to circulate flyers and posters to members.

#### 4.4 Cultural and Community Grants Program

Frida Kitas spoke about the RCC Cultural and Community Grants Program, and reminded members that individuals and organisations can also apply to have fees waived for the use of Council venues for their respective projects. Proposed projects and programs need to be of benefit to residents living in Randwick City. Frida previously circulated information about the program to members. Information kits and application forms are also available on Council website [www.randwick.nsw.gov.au](http://www.randwick.nsw.gov.au)

**Action:** For noting.

### 5. General Business

#### 5.1 Your Brain Matters Presentation

RCC in partnership with Alzheimer's Australia NSW will present Your Brain Matters – the Power of Prevention at Margaret Martin Library on Saturday 7 February from 11am to 3pm. The presentation will explore the five simple steps to maximise brain health and is suitable for anyone in the community who is interested in learning what they can do to reduce the risk of developing dementia. Residents and visitors will be able to discuss their concerns with staff from Alzheimer's and the local Dementia Advisory Services following the presentation. RCC plan to work in partnership with Alzheimer's Australia to deliver more involved workshop sessions to meet additional community need.

**Action:** For information.

#### 5.2 Seniors Week 2015 Events

Frida Kitas provided an overview about planned activities and events that will be held during and around Seniors Week. This year's signature event will be Back to Prince Henry Day to be held on Saturday 14 March at the Nursing and Medical Museum, Little Bay. Other creative and collaborative activities and initiatives include a Playwriting and Performance Workshop, an Art and Wellbeing Presentation and Workshop, a Twilight Tour and a 'Your Brain Matters

Presentation.' Members commented that he proposed activities will not only be beneficial and enjoyable for older people but are also relevant and of interest to people of all ages. RCC will be working in partnership with a range of organisations to deliver these events. Frida will circulate flyers and posters to members and organisations.

**Action:** Frida to provide an update at the March meeting.

### 5.3 The Asian Cultural Festival

RCC will be supporting Eastern Sydney Multicultural Access Project to present 'The Asian Cultural Festival', a multicultural concert for Seniors, carers and people with a disability from CALD backgrounds on Tuesday 7 April at Randwick Town Hall from 11am to 2pm. The concert will celebrate and highlight Asian cultures and cuisine. RCC staff will provide information on Council services and support programs at the event.

**Action:** For information.

### 5.4 New kerb ramp program

City Services are currently listing and prioritising the construction of new kerb ramps in Randwick City and are seeking feedback from OPAC members with the aim to improve access for the elderly and mobility impaired. Frida suggested that members forward any request directly to her to liaise with City Services. Recommendations for new ramps will be assessed prior to June, as part of this year's Capitol Works program.

**Action:** For Information

### 5.5 Twilight Tour

RCC in partnership with the Prince Henry Trained Nurses Association will host a Twilight Tour & Talk at the Nursing and Medical Museum, Little Bay on Wednesday 15 April from 6.30pm. The theme for the talk will be 'Polio – Then and Now.' Guest speakers include Dr Nick Dorsch who will discuss the treatment of patients in the era when people suffered from the disease and required prolonged care and rehabilitation. Former Lord Mayor of Sydney, Doug Sutherland AM, will share his experience of post-Polio Syndrome, an after effect suffered by people when they were younger. A tour will follow the presentation.

**Action:** For information.

### 6. Guest Speaker: Grant Matheson, RCC Home Maintenance Officer

Grant provided an overview of Council's Home Maintenance and Modification Service and tabled brochures. The RCC HMMS is a basic level 1 service which covers the Randwick and Waverley Local Government Areas. The program enables older people and carers and other HACC eligible clients to remain living in their home and community. Basic home maintenance and modification work can include changing light bulbs, installation of grab and hand rails and ramps, changing tap washers and batteries in smoke alarms. Requests and specifications for Home Modification work must be referred by an Occupational Therapist.

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Grant briefly explained the Home Modification component of the program and fee structure. RCC is not funded to undertake extensive bathroom modifications or installation of lifts - these requests are referred to Level 2 or 3 service providers such as Keystone. RCC can undertake basic Level 1 work between \$5,000 and up to \$7,500 and has capacity to organise subcontractors and provide services for non-HACC eligible clients, at full-cost recovery. Billee King and George Gergely personally endorsed this valuable community service for residents. The Committee warmly thanked Grant.

**Guest Speaker: Linda Pickett, Research Assistant, Neuroscience**

Neuroscience is undertaking a new study based on an exercise program that uses mobile technology to reduce the prevalence of falls in older people. Falls are the leading cause of injury and hospitalisation in older people and can contribute to them prematurely entering aged care facilities. Exercise has been identified as the single most effective way to reduce falls in the elderly. The study will be conducted at POW Hospital campus and aims to recruit people aged 70 years and over who live within a 10km range in Randwick. Participants will be asked to attend Neuroscience for an initial assessment to check for any pre-existing medical conditions.

Participants will be placed at random into one of two groups – an Exercise or a Control Group. The Control group will receive an iPad but not the Standing Tall balance exercise program, in order to compare outcomes between people in the two groups. All Participants however will receive an iPad and a physiotherapist will install the step on mat and stand in their own homes. Over 200 people are participating in the program, Neuroscience require a total of 500 for the study. The study will commence in February 2015 but people can join at any time. Linda tabled brochures.

**7. Information Share:** members provided an update on their services, programs and upcoming events.

**8. Correspondence:** Nil

**Date of Next Meeting:** Wednesday 5 March 2015.

**MINUTES**  
**Randwick City Council**  
**Older Persons Advisory Committee**  
**Meeting held on Wednesday 4 March 2015**  
**Prince Henry Nursing and Medical Museum, Little Bay**

**Present**

Frida Kitas	Randwick City Council
Cr. Noel D'Sousa	Randwick City Council
Lee Barwick	Coast Centre for Seniors
Billee King	Community Representative
George Gergely	Community Representative
Sue Mayerhofer	Community Representative
Ron Wood	National Seniors – Randwick Botany Branch
Mike Cornell	National Seniors – Randwick Botany Branch

**Apologies**

Cr. Kathy Neilson	Randwick City Council
Linda Mearing	Coast Centre for Seniors
Brigitte Cusack	Eastern Sydney Medicare Local
Megan Bowyer	Junction Neighbourhood Centre
Ben Whitehorn	Randwick Waverley Community Transport

**3. Minutes**

The minutes of the meetings held on 4 February were confirmed.

**4. Business Arising from Minutes****4.1 Seniors Week**

Frida Kitas provided an update on activities and events that will be held during and around Seniors Week. These include Back to Prince Henry Day to be held on Saturday 14 March at the Nursing and Medical Museum, Little Bay. A Playwriting and Performance Workshop to be held on Saturday 21 March at the Bowen Library and Community Centre, the workshop will be facilitated by acclaimed playwright Hilary Bell and actor/director Bill Conn. A Twilight Tour at the Nursing and Medical Museum to be held on Wednesday 15 April, the theme will be *Polio – Then and Now*, guest speakers include former Lord Mayor of Sydney, Doug Sutherland AM. In addition, RCC will support Eastern Sydney Multicultural Access Project to present *The Asian Cultural Festival*, a multicultural concert for seniors and carers from CALD backgrounds on Tuesday 7 April at the Randwick Town Hall. Flyers and posters tabled.

**Action:** For information.

**4.2 New kerb ramp program**

Frida Kitas reminded Committee members that City Services are in the process of identifying kerb ramps that need to be constructed in Randwick as part of this year's Capital Works Program. Requests for new ramps will be assessed using a criteria based on proximity to main centres, alternative access routes and road

traffic volumes. The list of kerb ramps will need to be assessed prior to June 2015. OPAC members are encouraged to send requests for new kerb ramps to Frida Kitas in the next two weeks for consideration.

**Action:** For noting.

#### 4.3 Art for Wellbeing

RCC will host an Art for Wellbeing Presentation and Creative Workshop on Saturday 11 April at Randwick Town Hall from 11am to 3.30pm. The workshop will provide individuals, families and communities with the opportunity to experience how art facilitates wellbeing, insight and healing through expression, exploration and enjoyment. The presentation and workshop will be facilitated by three Art Therapists and an Art Historian who work with individuals and local community groups. The workshop held in November was a great success, with over 80 people in attendance. RCC will look at tailoring future workshops to meet the interests and needs of different target groups in Randwick City.

**Action:** Frida to circulate flyers and posters to OPAC members.

#### 4.4 Future OPAC meetings

Frida Kitas reminded members that the Committee will dissolve after today's meeting; RCC will advertise and recruit for new members in June. The new Committee will continue to meet on a monthly basis and current members are encouraged and will be able to re-nominate for new membership. Frida thanked everyone for their contributions and support over the years. Frida also thanked Billee King and the Trained Nurses Association for providing a venue for today's meeting.

**Action:** Frida to circulate new membership forms in June.

#### 4.5 Access issues from previous meeting

Frida Kitas reported that there has been no update on the request to install a seat closer to and facing towards the dedicated Community Transport parking space on Short Street, Randwick. The additional seat will improve access to the bus stop for people who have mobility or vision impairments. Ron Wood mentioned that people are continuing to dispose their cigarette butts in the garden beds in the northern side of Short Street. Ron requested that RCC remove the butts from the garden beds and provide signage advising smokers to dispose their cigarette butts in the bins provided.

**Action:** Frida Kitas to follow up both requests with Cr. Neilson and provide Ron Wood with an update.

### 5. General Business

#### 5.1 New Access issues

Ron Wood reported that it is becoming increasingly difficult for older people and the mobility impaired to navigate the area along Avoca Street, between Rainbow and High Street due to the long, unkempt grass. Cr. D'Souza agreed to follow this request up with City Services. Cr. D'Souza also reported that plans are in progress to upgrade Randwick Town Hall in the future.

**Action:** Cr. D'Souza will liaise with City Services and provide feedback to the Committee.

## 5.2 Your Brain Matters Presentation

Due to overwhelming demand, RCC have scheduled an additional Your Brain Matters Presentation to be held on Monday 30 March at Margaret Martin Library from 7pm to 9pm. The presentation will be delivered in partnership with Alzheimer's Australia NSW and will explore the five simple steps to maximise brain health. The presentation is designed for anyone in the community who is interested in learning what they can do to reduce the risk of developing dementia. RCC will schedule additional workshop sessions throughout the year in various formats and locations to meet identified community need.

**Action:** For noting.

## 5.3 Community Mental Health Forum

RCC in partnership with the Aged Care Psychiatry Service will host a forum aimed at aged care and mental health workers on Wednesday 27 May at Randwick Town Hall from 7pm. The forum will focus on recognising risks and managing symptoms of mental illness in the older population. Proposed topics include: Loneliness and Isolation, Personality Disorders, Depression and Anxiety, Poly Pharmacy and Substance Abuse and Dementia. The proposed forum is a project of the Older Persons Mental Health Working Group.

**Action:** Frida to provide further updates at future meetings.

**6. Guest Speaker: Peter Scutt, Founder & Executive Director, Better Caring.** Better Caring is a new and innovative model for in-home community aged care and disability services. It is an industry platform (rather than a community care provider) that directly connects in-home consumers with carers, providing both with choice and transparency. For the first time, consumers can search for and hire directly, in-home support workers or carers in their community, and by hiring directly they can pay less and afford more hours of care. The model provides greater flexibility and agreement with fee structure controls and safety around the process. Better Caring enables carers to build long term relationships with clients and social connections between care givers and consumers.

The model enables carers to feel valued and fairly compensated – they have the option of choosing when and where they work and who they work for. Better Caring aims to make it simple and desirable for nurturing and caring people in the community to become carers. They currently have 60 approved carers across Sydney and there are plans to roll out the model on a national basis. Better Caring is supported by COTA Australia (Council of the Ageing). All Care Givers on the Better Caring website have a current Police Check, ABN and insurance. For more information, visit [www.bettercaring.om.au](http://www.bettercaring.om.au). Flyers tabled.

**Action:** For information.

**7. Information Share:** members provided an update on their services, programs and upcoming events.

8. Correspondence: Nil

Date of Next Meeting: TBA

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## Minutes

**Randwick City Council Youth Advisory Committee  
Meeting held on 16 February, 2015 at 6:00pm**

### Present

Adry Awan	Community Representative
Julia Bergmann	Community Representative
Alia Huberman	Community Representative
Anne Wang	Community Representative
Georgia Heighway	Community Representative
Jamie Ingram	Community Representative
Kain Shelford	Community Representative
Sam Sbisa	Randwick City Council
Thomas Book	Guest Speaker: Youth Action
Rachel Raymond	Guest Speaker: Youth Action
Jake Formosa	Guest Speaker: Youth Action
Tania Krasinski	Randwick City Council

### Apologies

Cr Kiel Smith (Chair)	Randwick City Council
Cr Pat Garcia	Randwick City Council
Ashley Brekenridge	Community Representative
Luke Colombo	Community Representative
Vanessa Leung	Community Representative
Michaela Levy	Community Representative
Veronica Lu	Community Representative
Ryan Alimhamzah	Community Representative

### Previous Minutes

First meeting of the new Youth Advisory Committee.

### Advisory / Advocacy Opportunities

After a welcome and introductions to the new committee: Jake Formosa, Rachel Raymond and Thomas Book from Youth Action presented the 2015 Youth Action's Election Agenda. It was reported that Youth Action have nine issues on the agenda covering topics including: Prevention & Early Intervention Services; Housing; Domestic & Family Violence; Mental Health; Apprenticeships & Traineeships; Justice Reinvestment; School Suspension; Supportive Schools; and Alcohol and Other Drugs. The overall theme is about early interaction and prevention services, with Youth Action's focus on the long-term change in regards to research and policy.

The first key point on the Youth Action's Election Agenda is to raise the budget allocation for crisis funding and research. Youth Action is asking politicians to commit to ensuring that '100% of future funding for vulnerable young people is invested in early intervention and prevention.'

Call to action: Youth Action is asking young people to contact their local Member of Parliament, requesting that they make a pledge to ensure 100% future funding is invested in early intervention and prevention. Youth Action is asking youth

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services to meet with their local Member of Parliament and invite them to their service so that they understand the full impact of what youth services achieve.

Youth Action reported that the Mental Health Advocacy for Rural Youth Worker funding will use \$250,000 of its funds towards Mental Health First Aid training.

Youth Action invited committee members to participate in an event to advocate for youth housing at the NSW Parliament House on Wednesday 11 March from 9am to 11am. The committee was also invited to send letters requesting a 'Pledge of Commitment' to their Members of Parliament and noted that templates may be downloaded from the Youth Action website. A Q&A session followed the presentation.

Q: In regard to the Domestic & Family Violence, does Youth Action have research information in regard to changing education and communication around the issue?

A: Yes. Youth Action collaborated with White Ribbon prior to the election. Jake will forward links to Randwick Council.

**Action:** Jake to forward research links to Tania for distribution to the committee.

Q: How effective is lobbying with young people under 18 years of age?

A: Youth Action is supporting young people to lobby and advocate by supplying research information, programs and opportunities to speak with their Members of Parliament in regard to policy. The election agenda is planned as a 'smaller appetite to commit' meaning they wish to create small practical steps toward long term, effective change. The first step is to ask for a response toward future action.

Q: In regards to Housing, is there a proposed solution or are you aiming to 'get the issues out there'?

A: The focus is on promoting the issues to a wider audience. Youth Action is working with a range of organisations, focusing on topics such as 'Tax Change' leading to affordable housing. Having young people speak about these issues would most likely find solutions.

## Events / projects update

The Youth Week event planned for 2015 is a music and arts festival, Culturefest. Implemented and co-coordinated by local young people, including the Youth Advisory Committee, Culturefest is planned to showcase and celebrate Randwick City's young talented musicians and artists and to encourage engagement with local health, homelessness and youth services.

Anne reported that two brochures have been considered. The first brochure will promote the event and the second to contain information on 'Why Culturefest' including local support contacts, network opportunities, and information introducing the Youth Advisory Committee. Anne will draft the second brochure. Julia commented that the Shack have a list of local services and will support Anne in drafting the information brochure.

**Action:** Anne and Julie to work on the draft brochure and liaise with the committee.

It was discussed that the next steps for the committee will be to discuss a promotional strategy. This discussion will occur at the next meeting.

## **Youth Issues**

It was clarified that Youth Issues would be a standing item on the Agenda to create an opportunity for discussing new, current and/or ongoing issues for young people in and around the Randwick LGA, with the view to create working groups and networks for practical action and support.

## **General Business**

N/A

## **Correspondence**

It was explained that Correspondence is a standing item on the Agenda to share youth related correspondence incoming to and outgoing from Randwick Council and the Youth Advisory Committee.

**Meeting closed at 7:20pm**

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