

# **COMMUNITY SERVICES COMMITTEE**

## **BUSINESS PAPER**

**TUESDAY 8 JULY 2014**

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## COMMUNITY SERVICES COMMITTEE

Notice is hereby given that a Community Services Committee of the Council of the City of Randwick will be held in the Council Chamber, First Floor, 90 Avoca Street, Randwick on Tuesday, 8 July 2014 at 6:00pm.

Committee Members: The Mayor (S Nash), Andrews, Belleli, Bowen, D'Souza, Garcia, Matson (Deputy Chairperson), Moore, Neilson, Roberts, Seng, Shurey (Chairperson), Smith, Stavrinou & Stevenson

Quorum: Eight (8) members

NOTE: At the Extraordinary Meeting held on 28 September 2004, the Council resolved that the Community Services Committee be constituted as a committee with full delegation to determine matters on the agenda.

### **Apologies/Granting of Leave of Absences**

### **Confirmation of the Minutes**

Community Services Committee - 10 June 2014

### **Declarations of Pecuniary and Non-Pecuniary Interests**

### **Address of Committee by Members of the Public**

*Privacy warning:*

*In respect to Privacy & Personal Information Protection Act, members of the public are advised that the proceedings of this meeting will be recorded for the purposes of clause 66 of Council's Code of Meeting Practice.*

### **Urgent Business**

### **Community Services Report**

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### **Library Reports**

Nil

### **Notice of Rescission Motions**

Nil

.....  
Ray Brownlee  
GENERAL MANAGER



## Community Services Report No. C8/14



**Subject:** Advisory Committee Minutes  
**Folder No:** F2006/00216  
**Author:** Teresa Mok, Manager Community Planning & Development

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### Introduction

At the 10 March 2009 Community Services Committee Meeting, it was resolved that the minutes of the Advisory Committees are to be presented to the Community Services Committee.

This report brings together, for Council's acceptance, the minutes of a previous meeting adopted by the respective Advisory Committee.

### Issues

As scheduled, the Advisory Committee (listed below) has met and the minutes of the meeting, which reflect discussions and outcomes, are attached.

The minutes will also be available on Council's website after each meeting. This report includes minutes from:

- Older Persons Advisory Committee – April 2014 (endorsed June 2014).

### Relationship to City Plan

The relationship with the City Plan is as follows:

Outcome: An informed and Engaged Community.

Direction: Effective communication methods and technology are used to share information and provide services.

### Financial impact statement

There is no direct financial impact for this matter.

### Conclusion

The minutes of this Advisory Committee Meeting are now in order and are submitted to Council for acknowledgement and acceptance.

### Recommendation

That the Council acknowledges and accepts the minutes of the Older Persons Advisory Committee April 2014.

### Attachment/s:

1. Older Persons Advisory Committee Minutes April 2014

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**MINUTES**  
**Randwick City Council**  
**Older Persons Advisory Committee**  
**Meeting held on Wednesday 2 April 2014, Randwick Room**

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**Present**

Frida Kitas	Randwick City Council
Cr. Kathy Neilson	Randwick City Council
Cr. Noel D'Souza	Randwick City Council
Lee Barwick	Coast Centre for Seniors
Billee King	Community Representative
George Gergerly	Community Representative
Leonie Pearce	Eastern Sydney Medicare Local
Megan Bowyer	Junction Neighbourhood Centre
Sue Meyerhofer	WAVES/Community Representative
Ron Wood	National Seniors – Randwick Botany Branch

**Apologies**

Linda Mearing	Coast Centre for Seniors
Ben Whitehorn	Randwick Waverley Community Transport
Mike Cornell	National Seniors – Randwick Botany Branch

**3. Minutes**

The minutes of the meetings held on 5 March were confirmed.

**4. Business Arising from Minutes****4.1 Carers Forum**

RCC in partnership with Carers NSW held a forum in March at Randwick Town Hall for people caring for a person with a mental illness in Randwick City. Over 35 carers participated in the forum and provided feedback on barriers they faced, including the need for improved service provision, access to respite, education and information to assist them sustain their role as ageing parent carers. Participants reported on aspects they identified as helpful in their caring role, such as having access to counselling and carer support groups and networks. The Forum was also an opportunity to promote Carers NSW's new Mental Health Respite Program and Older Parent Carer Program. Feedback provided by carers will assist Carers NSW to continue to plan for services in 2014 in Randwick City.

**Action:** For information.

**4.2 Seniors Week 2014**

Frida Kitas reported that all RCC events and activities organised during and around Seniors Week were highly successful and well received by residents and visitors to Randwick. Over 1,000 people attended Back to Prince Henry Day at the Prince Henry Nursing and Medical Museum, Little Bay. 216 Seniors and carers from non-English speaking background attended Cultural Bridges, a multicultural concert held in partnership with Eastern Sydney Multicultural Access Project. 120 residents attended the Memory Information Day organised in

partnership with Alzheimer's Australia NSW and the Eastern Sydney and City of Sydney Dementia Advisory Service. In addition, RCC in partnership with Junction House hosted a Back to the 70s ball for people with a disability and their carers at the Prince Henry Centre, Little Bay on Saturday 15 March. 120 residents attended the event. All activities and events were organised in collaboration with local community services and organisations. Billee King thanked Frida Kitas and RCC for their generous support and promotion of the Prince Henry Nursing and Medical Museum.

**Action:** For information.

#### 4.3 Dementia-Friendly Communities Workshop

Over 140 representatives from local government, policy makers, academics and services providers attended the Building Dementia-Friendly Communities Workshop on Thursday 3 April at the Prince Henry Centre, Little Bay. RCC partnered with Alzheimer's Australia NSW to host the workshop. The Mayor, Cr. Scott Nash officially opened the event, international guest speaker, Rachael Litherland spoke about the UK experience of building Dementia-Friendly Communities and Ita Buttrose, National President for Alzheimer's Australia NSW also presented. Frida Kitas thanked Mark Vrabac from the Prince Henry Centre for his kind assistance on the day.

**Action:** For information.

#### 4.4 Youth Mental Health Information Session

The Committee was informed that over 70 people attended the Youth Mental Health Information Session held on Saturday 3 May at Randwick Town Hall. The interactive information session was facilitated by Remind Mental Health Training and Education and covered topics including: mood disorders and self-harm, psychosis and behavioural problems, how to build resilience in younger people and the lived experience: a carer's perspective. The information session was designed for parents, teachers, youth workers and mental health professionals. Feedback on the day indicated that the session was outstanding and highly relevant with many participants suggesting that the session should be held again in the near future.

**Action:** For information.

### 5. General Business

#### 5.1 Twilight Tour

RCC in partnership with the Prince Henry Hospital Trained Nurses Association will host a Twilight Tour at the Nursing and Medical Museum, Little Bay on Wednesday 16 April from 6.30pm to 9pm. Special guest speaker Professor Noeline Kyle will present **Deadly Women:** the life and times of Constance Kent and the Road Murder. Participants will be able to enjoy an interactive talking tour of the museum. Entry will be a \$5 donation to the museum and bookings are essential on 9387 4412 or by emailing [phhtna@bigpond.com.au](mailto:phhtna@bigpond.com.au) Flyers and posters tabled. Frida Kitas thanked the Prince Henry Hospital Trained Nurses Association for their kind assistance in organising the Twilight Tour and Back to Prince Henry Day, Council's signature Seniors Week event.

**Action:** For information.

### 5.2 National Volunteer Week

To celebrate National Volunteer Week, RCC will host the Mayor's Volunteer Morning Tea on Friday 23 May at Randwick Town Hall from 11am. The Mayor, Cr. Scott Nash will officially open the event and special guest speakers will include Beau Champion from the South Sydney Rabbitoh's and acclaimed actress Zoe Carides who will talk about their volunteering experiences in Randwick City. Volunteers from a range of community services and organisation in Randwick City and surrounding areas will be invited to attend the event. The Committee agreed that moving the event from the Lodge Room to the Town Hall was an excellent idea, enhancing access for volunteers with mobility impairments and enabling a greater number of volunteers to participate in the morning tea.

**Action:** For information.

### 5.3 Community Partnerships Funding Program 204-15

Applications for Community Partnerships Funding Program 2014 will close on Monday 26 May 2014. The program provides funding to not-for-profit and community based organisations to deliver projects, activities and services designed to address the identified social needs of residents within Randwick, and/or encourage and foster the effective provision of community based services. Organisations may apply for funding to deliver their projects for amounts not exceeding \$20,000 per year.

**Action:** For information.

### 5.4 Older Person's Mental Health Information Session

The Committee was informed that RCC will organise an Older Person's Mental Health Information Session later in the year. The session will be facilitated by Professor Brian Draper from the Aged Care Psychiatry Service, Prince of Wales Hospital and will explore mental health issues impacting older people aged 60 years and over. Committee members agreed that there needs to be greater focus on the mental health needs of older people in the wider community, particularly in the areas of depression and suicide, which tend to be highlighted more so in younger people .

**Action:** For Information

### 6. Guest Speakers: Sue Allen: Maroubra Bay Combined Probus Club

The Probus Club of Maroubra Bay Inc meets on the 4<sup>th</sup> Thursday of each month from 10.30am at Juniors at the Junction to provide social contact and mental stimulation to its 92 members. Probus provides social outings and activities tailored to meet the needs of members whose average age is 80 years. Membership was previously open to people who were retired and had a profession, people are now eligible to become members if they are semi-retired and from non-professional backgrounds. The Probus Club of Maroubra Bay is governed by Rotary and funded by member fees and small grants from RCC and South Sydney Juniors. Sue Allen's role is to provide secretariat support and promote local community services, support programs and network opportunities to members. Probus currently have capacity for new members. The Committee invited Sue Allen to become a member of the OPAC. Sue agreed to attend and



participate in future meetings as a representative of the Probus Club of Maroubra. Cr.Neilson thanked Sue Allen for attending the meeting as a guest speaker and welcomed her to the Committee.

**Action:** Sue Allen to attend and participate in future OPAC meetings

### **7 Information Share:**

- The Coast Centre have introduced "Stepping On," a Falls Prevention Program in partnership with NSW Health. The program aims to rebuild confidence and reduce the incidence of falls in older people.
- Eastern Sydney Medicare Local are working with aged care facilities to determine what programs they would find beneficial for residents and are also looking at gaps and identified needs/issues impacting older people such as falls prevention, depression, grief and mental problems.
- City of Sydney have a tender out for the proposed Hydrotherapy Pool at Green Square. Please refer to the City of Sydney website for more details.
- The Junction Neighbourhood Centre operate from Maroubra Junction, Randwick and Bondi Junction. They offer community access programs including social support, one-to-one shopping service, day away groups, phone support and home visits with trained volunteers. They have funding for in-home respite and are in the process of amalgamating with the Echo Neighbourhood Centre.

### **8 Correspondence**

- CPSA Voice Newsletter | March | 2014
- Newsletter of IDEAS | April 2014

**Date of Next Meeting:** Wednesday 7 May 2014.

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