



**Randwick City
Council**
a sense of community

COMMUNITY SERVICES COMMITTEE

BUSINESS PAPER

TUESDAY 8 APRIL 2014

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COMMUNITY SERVICES COMMITTEE

Notice is hereby given that a Community Services Committee of the Council of the City of Randwick will be held in the Council Chamber, First Floor, 90 Avoca Street, Randwick on Tuesday, 8 April 2014 at 6:00pm.

Committee Members: The Mayor (S Nash), Andrews, Belleli, Bowen, D'Souza, Garcia, Matson (Deputy Chairperson), Moore, Neilson, Roberts, Seng, Shurey (Chairperson), Smith, Stavrinis & Stevenson

Quorum: Eight (8) members

NOTE: At the Extraordinary Meeting held on 28 September 2004, the Council resolved that the Community Services Committee be constituted as a committee with full delegation to determine matters on the agenda.

Apologies/Granting of Leave of Absences

Confirmation of the Minutes

Community Services Committee - 11 March 2014

Declarations of Pecuniary and Non-Pecuniary Interests

Address of Committee by Members of the Public

Privacy warning:

In respect to Privacy & Personal Information Protection Act, members of the public are advised that the proceedings of this meeting will be recorded for the purposes of clause 66 of Council's Code of Meeting Practice.

Urgent Business

Community Services Reports

C4/14 Advisory Committee Minutes 1

Library Reports

Nil

Notice of Rescission Motions

Nil

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Ray Brownlee
GENERAL MANAGER

Community Services Report No. C4/14



Subject: Advisory Committee Minutes
Folder No: F2006/00216
Author: Ilana Kaplin, Coordinator Community Programs and Partnerships

Introduction

At the 10 March 2009 Community Services Committee Meeting, it was resolved that the minutes of the Advisory Committees are to be presented to the Community Services Committee.

Issues

This report brings together, for Council's acceptance, the minutes of the February 2014 Older Person Advisory Committee meeting (endorsed March 2014).

The minutes (Attachment 1) will be made available on the Council's website.

Relationship to City Plan

The relationship with the City Plan is as follows:

Outcome: An informed and Engaged Community.

Direction: Effective communication methods and technology are used to share information and provide services.

Financial impact statement

There is no direct financial impact for this matter.

Conclusion

The minutes of these Advisory Committee Meetings are now in order and are submitted to Council for acknowledgement and acceptance.

Recommendation

That the Council acknowledges and accepts the minutes of the Older Persons Advisory Committee February 2014.

Attachment/s:

1. Older Persons Advisory Committee Minutes - February 2014

C4/14

MINUTES
Randwick City Council
Older Persons Advisory Committee
Meeting held on Wednesday 5 February 2014, Randwick Room

C4/14

Present

Frida Kitas	Randwick City Council
Cr.Noel D'Sousa	Randwick City Council
Cr. Kathy Neilson	Randwick City Council
Lee Barwick	Coast Centre for Seniors
Billee King	Community Representative
Leonie Pearce	Eastern Sydney Medicare Local
Ron Wood	National Seniors – Randwick Botany Branch

Apologies

Linda Mearing	Coast Centre for Seniors
George Gergerly	Community Representative
Megan Bowyer	Junction Neighbourhood Centre
Ben Whitehorn	Randwick Waverley Community Transport
Mike Cornell	National Seniors – Randwick Botany Branch

3. Minutes

The minutes of the meetings held on 6 November were confirmed.

4. Business Arising from Minutes

4.1 Seniors Week

Frida Kitas provided an update on planned events and activities that RCC has organised during and around Seniors Week. RCC in partnership with the Prince Henry Hospital Trained Nurses Association will host Back to Prince Henry Day at the Prince Henry Nursing and Medical Museum, Little Bay on Saturday 22 March from 10am to 4pm. Seniors and their family members and friends will be able to browse the museum and take a fascinating glimpse into a bygone era. The UNSW Regiment Band will perform and service providers and organisations will promote information on services and support programs to enable Seniors and carers to live in their own home and stay connected to their local community.

RCC in partnership with Alzheimer's Australia NSW and the Eastern Sydney Dementia Advisory Service will host a Memory Information Day at Randwick Town Hall on Saturday 5 April from 10am to 3pm. The Information Day will be an opportunity for Seniors to discuss any general memory issues or concerns they may have for either themselves or someone they are caring for Seniors will be able to access information in key community languages about available services, support programs and activities that will help them improve their memory, maintain a healthy brain and reduce the risk of developing Dementia. Other events include a Back to the 70s Ball for carers of people with a disability, Cultural Bridges: a multicultural concert for CALD Seniors and a Twilight Tour at the Prince Henry Nursing and Medical Museum, Little Bay in April.

Action: Frida to provide an update at the March meeting.

4.2 World AIDS Day Coogee – Family Fun Day

Frida reported that Council had a very successful local community event at Coogee Family Fun Day on Saturday 7 December to celebrate, highlight and raise awareness for World AIDS Day. Funds raised by RCC were donated to local and overseas charities including Camp Goodtime. In addition, RCC promoted an online quiz on the staff intranet to further raise awareness about HIV/AIDS and transmission.

Action: For information.

4.3 Seniors Play reading

Over 120 people attended the highly successful play reading of Tarantula by Alana Valentine at Bowen Library Theatre on Saturday 16 November 2013. Following the reading, AWGIE Award winning playwright, Alana Valentine and director Nastassja Djalog participated in a Q&A session with audience members. Several residents and visitors thanked RCC for providing a valuable, inclusive and accessible initiative for all members of the community to enjoy with their friends and family members. The Committee agreed that Council should hold two free play readings per year to also enable local carers to attend with the person they are caring for. The reading was presented in partnership with the Actors' Forum

Action: Frida Kitas to investigate the possibility of holding two play reading per year to meet identified need in the community.

4.4 Depression and Suicide Prevention Information Session

Over 90 people attended the Understanding Depression and Suicide Prevention Information Session at Margaret Martin Library on Wednesday 6 November 2013. RCC received an overwhelmingly positive response to the presentation which was delivered by Jane Randall, a clinical psychologist with REMIND Education and Training, a service of the Schizophrenia Fellowship of NSW. Feedback from participants indicated that there is a great need and demand for additional workshops to be delivered in Randwick City to meet the mental health needs of different sections of the community, including youth, carers, older people and men.

Action: Frida Kitas to deliver information sessions in partnership with Mental Health Services and organisations throughout 2014 for residents living in Randwick City and surrounding areas.

4.5 Community Mental Health Services Information Session

Over 60 people attended the Community Mental Health Services Information Session at the Prince Henry Centre on Thursday 12 December from 7pm to 9pm. Guest speakers from Eastern Sydney Medicare Local and Carers NSW spoke about new mental health programs that residents living in Botany and Randwick City are now able to access. These include the Partners in Recovery Program (PIR), Access to Allied Psychological Services (ATAPS) Program and the Older Parents program. The Disability Trust also spoke about a new pilot called The Life Connect Project, which supports people caring for a person with a mental illness to achieve work readiness and employment. Support can be provided to eligible

participants for up to two years to achieve their goals. RCC will hold another information session at Randwick Town Hall in 2014.

Action: Frida Kitas to work in partnership with Eastern Sydney Medicare Local, Carers NSW and the Disability Trust to deliver additional information sessions in Randwick City.

5. General Business

5.1 Carers Forum

RCC in partnership with Carers NSW will host a Carers Forum at Randwick Town Hall on Monday 10 March from 7pm to 9.30pm. The forum will be facilitated by Carers NSW Mental Health Respite Carer Support Team and will target carers living in Randwick and surrounding areas who care for a person with a mental illness. The Forum will be an opportunity for carers to discuss issues and share ideas for education, activities and support that will help them to sustain their caring role. Feedback and input provided by carers participating in the Forum will assist Carers NSW to plan services and support programs in Randwick in 2014. Flyers and posters provided.

Action: For information.

5.2 RCC Cultural and Community Grants Program

RCC invites residents, locally based community groups and not for profit organisations to apply for funding under Council's Cultural and Community Grants Program. The applications close on March 17 February at 5pm. Information kits and application forms are available on Council's [website](#)

Action: For noting.

5.3 Depression and Suicide Prevention Information Session

RCC has organised an additional information session on Understanding Depression and Suicide Prevention at Margaret Martin Library on Wednesday 19 February from 7pm to 9pm. The session aims to raise awareness and understanding about depression and suicide prevention for residents living in Randwick and surrounding areas. Topics covered in the presentation include depression, signs, symptoms and prevention, risk factors and red flags, responding to someone at risk and post crisis management. Frida advised that this session is already at capacity and a waiting list is being kept for the next session.

Action: For information.

5.4 Coogee Beach Pedestrian Access and Mobility Plan

RCC have engaged a consultant to undertake a pedestrian study of the Coogee Beach area to identify improvements that can be made for pedestrian access. RCC are seeking any community feedback on issues to give to the consultant to assess as part of the study. Committee members can forward comments and issues directly to Frida to be forwarded to City Services.

Action: For Information

C4/14

5.5 Access Issue, Hillsdale Post Office

Billee King reported that the absence of a post office at Matraville is problematic for people with mobility impairments and the frail aged who struggle to obtain parking near the new post office, which has been relocated to Southpoint Shopping Centre on Bunnerong Road, Hillsdale. Many residents now have to park at the Shopping Centre, use the lift or escalator to walk through Trade Secret to access the post office and express boxes, which are located on the same level. This is not only inconvenient but taxing for wheelchair users and people using mobility aids. The post office at Eastgardens Pagewood is also no longer in operation, further limiting options and ease of access for South Ward residents.

Action: Cr.Neilson will liaise with Billie King and draft a letter to Australia Post on the behalf of the Committee, in support of the post office returning to Matraville.

- 6. Guest Speaker: Jade McNeill, University of Western Sydney, Project Coordinator: The Dancing Mind Project** - The University of Western Sydney has a grant from the Illawarra Retirement Trust (IRT) Foundation to conduct a randomised controlled trial to compare the effects of social dancing and social walking programs have on the cognitive functions of older people aged 60 years and over. Jade provided an overview of the project - the main outcomes will be on cognitive performances that are subjected to age-related decline. The project is going to run a free physical activity program (a dance and walking program) over a period of 9 months twice a week for one hour each in the Randwick area.

The program will target older people (60+) across all of Eastern Sydney – to be eligible they just need to be able to get to the location that the programs are being held. The program is free of charge and participation is purely voluntary. It has been running in four communities already and will commence in March in the Randwick area. Nine months after baseline assessments have been undertaken, participants will be invited to complete a follow up assessment – they will be asked to undertake the same tasks as the original assessments. Jade tabled participant information sheets and consent forms. For further information about the program please contact Jade McNeil, Study Coordinator 0410 844 766 or Jade.Mcneill@uws.edu.au

- 7. Information Share:** members provided an update on their services, programs and upcoming events.

- 8. Correspondence:** Nil

Date of Next Meeting: Wednesday 5 March 2014.